	Fish eating season in Turkish name order												
Fish	Turkish	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Octopus	Ahtapot	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Leerfish	Akya	B	B	B	B	B	AA	AA	AA	AA	AA	B	B
Sea Trout	Alabalık	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Red Mullet	Barbunya	B	B	B	B	B	B	B	AA	AA	AA	AA	B
Small Bluefish	Çinekop	B	B	B	B	B	B	AA	AA	B	B	B	B
Gilt-head Bream	Çipura or çupra	B	B	B	B	B	B	B	B	AA	AA	B	B
Sole	Dil Balığı	B	B	B	B	B	B	B	B	B	AA	AA	AA
Anchovy	Hamsi	AA	AA	X	X	X	X	X	X	X	X	AA	B
Scorpion Fish	İskorpit	X	X	X	X	B	B	B	X	X	X	X	X
Horse Mackerel	İstavrit	AA	AA	AA	AA	B	B	B	B	B	B	B	B
Blotched Picarel	İzmarit	X	AA	AA	AA	B	X	X	X	X	X	X	X
Turbot	Kalkan	A	AA	AA	AA	B	X	X	X	X	X	B	B
Sea Bream	Karagöz	B	B	B	B	B	B	B	B	B	AA	AA	B
Goby	Kaya balığı	B	B	B	B	B	B	B	B	B	B	B	B
Grey Mullet	Kefal or Kafal	AA	AA	AA	AA	AA	X	X	X	X	AA	AA	B
Swordfish	Kılıç balığı	B	B	B	B	B	B	B	AA	AA	B	B	AA
Red Gurnard	Kırlangıç	A	A	A	AA	AA	AA	AA	AA	AA	A	A	A
Chub Mackerel	Kolyoz	A	A	A	A	A	A	AA	AA	AA	A	A	B
White Grouper	Lahos or lahoz	B	B	B	B	B	B	AA	AA	B	B	B	X
Sea Bass	Levrek	X	AA	AA	AA	AA	X	X	X	X	X	X	B
Bluefish (Snapper)	Lüfer	B	B	B	B	B	B	B	AA	AA	AA	B	B
Saddled Sea Bream	Melana	X	X	X	X	X	B	B	B	AA	AA	B	B
Red Sea Bream	Mercan	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Whiting	Mezgit	X	AA	AA	AA	AA	X	X	X	X	X	X	AA
Cuttlefish	Mürekkep	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Grouper	Orfoz	B	B	B	B	B	AA	AA	AA	AA	AA	B	AA
Bonito	Palamut	AA	B	B	B	B	B	B	AA	AA	AA	AA	AA
Sardine	Sardalya	X	X	X	X	X	AA	AA	AA	AA	X	X	X
Common dentex	Sinarit	B	B	B	B	B	B	AA	AA	AA	B	B	AA
Striped Goat fish	Tekir	X	A	A	A	A	A	X	X	X	X	X	X
Large Bonito	Torik	AA	AA	B	X	X	X	X	X	X	AA	AA	AA
Mackerel	Uskumru	B	B	B	B	B	B	B	B	B	AA	AA	B
Cow Eyed Seabream or	Voppa	AA	AA	AA	AA	AA	X	X	X	X	X	X	AA
Boops Boops or Bogue	Voppa	AA	AA	AA	AA	AA	X	X	X	X	X	X	AA
Garfish Garpike	Zargana	X	X	A	A	X	X	X	X	X	X	X	X
Key	AA = At its best												
	A = Good eating												
	B = OK												
	X = Not good												

	Fish eating season in English name order												
Fish	Turkish	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Anchovy	Hamsi	AA	AA	X	X	X	X	X	X	X	X	AA	B
Blotched Picarel	İzmarit	X	AA	AA	AA	B	X	X	X	X	X	X	X
Bluefish (Snapper)	Lüfer	B	B	B	B	B	B	B	AA	AA	AA	B	B
Bonito	Palamut	AA	B	B	B	B	B	B	AA	AA	AA	AA	AA
Chub Mackerel	Kolyoz	A	A	A	A	A	A	AA	AA	AA	A	A	B
Common dentex	Sinarit	B	B	B	B	B	B	AA	AA	AA	B	B	AA
Cow Eyed Seabream or	Voppa	AA	AA	AA	AA	AA	X	X	X	X	X	X	AA
Boops Boops or Bogue	Voppa	AA	AA	AA	AA	AA	X	X	X	X	X	X	AA
Cuttlefish	Mürekkep	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Garfish Garpike	Zargana	X	X	A	A	X	X	X	X	X	X	X	X
Gilt-head Bream	Çipura or çupra	B	B	B	B	B	B	B	B	AA	AA	B	B
Goby	Kaya balığı	B	B	B	B	B	B	B	B	B	B	B	B
Grey Mullet	Kefal or Kafal	AA	AA	AA	AA	AA	X	X	X	X	AA	AA	B
Grouper	Orfoz	B	B	B	B	B	AA	AA	AA	AA	AA	B	AA
Horse Mackerel	İstavrit	AA	AA	AA	AA	B	B	B	B	B	B	B	B
Large Bonito	Torik	AA	AA	B	X	X	X	X	X	X	AA	AA	AA
Leerfish	Akya	B	B	B	B	B	AA	AA	AA	AA	AA	B	B
Mackerel	Uskumru	B	B	B	B	B	B	B	B	B	AA	AA	B
Octopus	Ahtapot	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Red Gurnard	Kırlangıç	A	A	A	AA	AA	AA	AA	AA	AA	A	A	A
Red Mullet	Barbunya	B	B	B	B	B	B	B	AA	AA	AA	AA	B
Red Sea Bream	Mercan	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Saddled Sea Bream	Melana	X	X	X	X	X	B	B	B	AA	AA	B	B
Sardine	Sardalya	X	X	X	X	X	AA	AA	AA	AA	X	X	X
Scorpion Fish	İskorpit	X	X	X	X	B	B	B	X	X	X	X	X
Sea Bass	Levrek	X	AA	AA	AA	AA	X	X	X	X	X	X	B
Sea Bream	Karagöz	B	B	B	B	B	B	B	B	B	AA	AA	B
Sea Trout	Alabalık	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA	AA
Small Bluefish	Çinekop	B	B	B	B	B	B	AA	AA	B	B	B	B
Sole	Dil Balığı	B	B	B	B	B	B	B	B	B	AA	AA	AA
Striped Goat fish	Tekir	X	A	A	A	A	A	X	X	X	X	X	X
Swordfish	Kılıç balığı	B	B	B	B	B	B	B	AA	AA	B	B	AA
Turbot	Kalkan	A	AA	AA	AA	B	X	X	X	X	X	B	B
White Grouper	Lahos or lahoz	B	B	B	B	B	B	AA	AA	B	B	B	X
Whiting	Mezgit	X	AA	AA	AA	AA	X	X	X	X	X	X	AA
Key	AA = At its best												
	A = Good eating												
	B = OK												
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